

Penrith District Netball Association Inc



2026 Calendar & Directory

Location:	Jamison Park Netball Complex Cnr Batt Street and York Road, South Penrith
Phone:	4721 4319
Office Hours:	Monday – Friday 9:00am to 2:00pm
Office Email:	admin@penrithnetball.com.au
Accounts Email:	accounts@penrithnetball.com.au
Website:	www.penrithnetball.com.au
Facebook:	www.facebook.com/penrithdistrictnetball

Penrith District Netball Association Inc

Patrons

Mrs Betty Keavy
Mrs Jill Beckhaus
Mr Rodney Watson OAM

Life Members

Roma Jones	1979
Jill Beckhaus	1981
Joan Buttriss*	1985
Kerrie Gane	1989
Margaret Smith	1989
Noelene Hawks	1992
Linda Marsden	1995
Frances Wagner	1995
Pat Trewin	1996
Nadja Pratt	1997
Kaye Suffield	1998
Jan Jackson	1999
Linda Gibbs	2000
Rodney Watson OAM	2002
Judith Sibbald	2003
Jenny Clay	2004
Patricia Conner	2006
Joy Gillett OAM	2008
Vicki McClintock	2009
Clare Cavanagh-Wright*	2009
Gabrielle Hancock	2010
Cathy Ormerod*	2012
Barry Olsen	2013
Jan Ebelt	2014
Patricia Mann	2016
Kellie Tickner	2021
Lynn Deuis	2024
Leanne Mostek	2024
Margaret Thornton	2025

**Deceased*

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Executive Committee

President

Joy Gillett OAM (M) 0409 033 381 president@penrithnetball.com.au

Vice President

Judith Sibbald (M) 0427 606 605 vicepresident@penrithnetball.com.au

Secretary

Angela Flood (M) 0417 457 559 secretary@penrithnetball.com.au

Treasurer

Michelle Barnes (M) 0409 124 623 treasurer@penrithnetball.com.au

Senior Umpire Convenor

Sue Ward (M) 0402 257 833 seniorumpconvr@penrithnetball.com.au

Junior Umpire Convenor

Rebecca Weston (M) 0414 935 080 juniorumpire@penrithnetball.com.au

Coaching Convenor

Jenni May (M) 0423 571 072 coaching@penrithnetball.com.au

Senior Registrar

Vikki Trevena (M) 0419 424 990 seniorregistrar@penrithnetball.com.au

Intermediate Registrar

Meighan Ellul (M) 0401 515 039 intermediateregistrar@penrithnetball.com.au

Junior Registrar

Barbara Dallinger (M) 0433 362 655 juniorregistrar@penrithnetball.com.au

Competitions Convenor

Trish Conner (M) 0402 441 154 competitions@penrithnetball.com.au

Competitions Assistant

Leanne Mostek (M) 0413 539 080 competitions@penrithnetball.com.au

Senior Rep Convenor

Tricia Mann (M) 0407 706 298 seniorreps@penrithnetball.com.au

Junior Rep Convenor

Margaret Thornton (M) 0439 291 010 juniorreps@penrithnetball.com.au

PR Convenor

Kellie Tickner (M) 0452 233 130 pr@penrithnetball.com.au

Sub-Committees & Panels

Coaching Advisory Panel

Jenni May (Convenor)
Lisa Beehag OAM

Grading Panel

Vikki Trevena (Convenor)
Meighan Ellul
Barbara Dallinger

Penrith Service Award Sub-Committee

Joy Gillett OAM (Convenor, PDNA President)
Cara Hawke (Jordan Springs Club)
Michelle Holdsworth (Warragamba Club)
Lisa Munro (Erskine Park Club)
Kim Wennerbom (Penrith Sports Club)

Umpiring Panel

Sue Ward (Convenor)
Rebecca Weston
Helen Dolbel
Lyndahl Riley
Zoe Brison-Schroeder
Nicole Odewahn
Emily Sparks

Representatives for Netball NSW

PDNA Delegates to Netball NSW

Joy Gillett OAM
Tricia Mann

Netball NSW Appeals

Joy Gillett OAM

Alternate Delegates

Angela Flood
Judith Sibbald

Useful Contacts

PHONE

Jamison Park Netball Complex
Netball NSW

4721 4319
9951 5000

WEBSITES

Penrith Netball
Netball NSW
Netball Australia

www.penrithnetball.com.au
www.nsw.netball.com.au
www.netball.com.au

Penrith Rep Officials

PANTHERS PREMIER LEAGUE

Chair	Joy Gillett OAM	PDNA President
High Performance Manager	Lisa Beehag OAM	bnetconsulting@live.com

METRO LEAGUE

Team 1

Coach	Pate Cooper	pate.cooper@gmail.com
Asst Coach	Cherish Keepa	ckeepa@gmail.com
Manager	Leah Hiku	leahhiku@y7mail.com

Team 2

Coach	Michelle Webb	mullampy@gmail.com
Asst Coach	Melissa Caldwell	melissa25184@gmail.com
Manager	Kim Wennerbom	kimwennerbom@hotmail.com

Team 3

Coach	Linda Thompson	linda.t_84@hotmail.com
Manager	Elizabeth Foxhall	lib257@icloud.com

SENIOR REPRESENTATIVE

Opens Women

Coach	Michelle Webb	mullampy@gmail.com
Assistant Coach	Jenni Tomkins	jktomkins@hotmail.com
Manager	Melissa Caldwell	melissa25184@gmail.com

U17 Years

Head Coach	Pate Cooper	pate.cooper@gmail.com
Assistant Coach	Linda Thompson	linda.t_84@hotmail.com
Manager	Elizabeth Foxhall	lib257@icloud.com

15 Years

Head Coach	Vanessa Jackson	v_j_jackson@yahoo.com.au
Assistant Coach	Cheryl Hornsby	cherylhsh@bigpond.com
Development Coach	Freda Crane	fredacrane@optusnet.com.au
Manager	Sharon Wilson	glennshaz@pnc.com.au

JUNIOR REPRESENTATIVE

14 Years

Head Coach	Sarah Blackwood	srthornton95@gmail.com
Assistant Coach	Aneita Robers	jessemarsh112@gmail.com
Development Coach	Jade Seabury	jades.exploreanddevelop@gmail.com
Manager	Kristen Sutton	kristennkain@hotmail.com

13 Years

Head Coach	Amanda Moloney	amoloney78@hotmail.com
Assistant Coach	Teagan Dunn	tegandunn13203@gmail.com
Development Coach	Rhiannon Ingold	Ingoldrhiannon07@gmail.com
Manager	Sandra McGrann	sanymcgranny@yahoo.com

12 Years

Head Coach	Leanne Dunn	leanne.dunn@det.nsw.edu.au
Assistant Coach	Abbe May	abbepaigemay2007@hotmail.com
Development Coach	Hayley Martin	hayley.martin12@yahoo.com
Manager	Ebony Garland	ebfrost1997@gmail.com

11 Years

Head Coach	Lauren Myers	lmyers@outlook.com.au
Assistant Coach	Rebecca Walker	bec.walker4@det.nsw.edu.au
Assistant Coach	Bek Cardozo	bec@ecretensw.com
Manager	Kim Wennerbom	kimwennerbom@hotmail.com
Apprentice Coach	Isabella Cooper	isabella.cooper2006@icloud.com
Apprentice Coach	Sienna Farr	sienna501@icloud.com

2026 Calendar

February

2nd	Monday	7.30pm	Executive Committee Meeting
16th	Monday	7.30pm	PDNA Council Meeting and Exec Meeting
17th	Tuesday	6.30pm	Selections for Opens SS Championships

March

2nd	Monday	7.30pm	Executive Committee meeting
14th	Saturday		Registration Day Clubs - Winter Comp
16th	Monday	7.30pm	PDNA Council Meeting and Exec Meeting
29th	Sunday		PDNA Rep Carnival - 12s to Opens

April

20th	Monday		Council Meeting and Exec Meeting
25th	Saturday		ANZAC Day

May

2nd	Saturday		PDNA Winter Comp - Opening Day - Week 1
9th	Saturday		Week 2 + NetSetGo SKILLS - Week 1
16th	Saturday		Week 3
18th	Monday	7.30pm	Executive Committee meeting
23rd	Saturday		Week 4
30th	Saturday		Week 5

June

1st	Monday		Executive Committee meeting
6/7/8th	Sat/Sun/Mon		Senior State Titles - Penrith
13th	Saturday		Week 6
14th	Sunday		Representative Carnival - 11 Years Only
15th	Monday	7.30pm	PDNA Council Meeting + Club President's Meeting
20th	Saturday		Week 7
27th	Saturday		Week 8

July

6/7/8th	Sat/Sun/Mon		Junior State Titles - Campbelltown
18th	Saturday		Week 15 - To Be Confirmed
25th	Saturday		Week 9
26th	Sunday		10 Year Development Day

August

1st	Saturday		Week 10
3rd	Monday	7.30pm	Executive Committee meeting
8th	Saturday		Week 11
15th	Saturday		Week 12
16th	Sunday		Junior State Titles Selections - Phase 1
17th	Monday	7.30pm	PDNA Council Meeting
22nd	Saturday		Week 13
29th	Saturday		Week 14 - Net Set Go Presentation
30th	Sunday		Junior State Titles Selection - Phase 2
31st	Monday		Executive Committee meeting - By Laws - Week 1

September

5th	Saturday		Semi Finals
7th	Monday		Executive Committee meeting (By Laws week 2 TBC)
12th	Saturday		Final
19th	Saturday		GRAND FINAL
22nd	Tuesday		Night Comp Registration - Clubs

October

12th	Monday		Executive Committee meeting
13th	Tuesday		Night Comp - Week 1
19th	Monday	7.30pm	PDNA Council + By Laws meetings
20th	Tuesday		Night Comp - Week 2
23rd	Friday	7pm	PDNA presentation and dinner
27th	Tuesday		Night Comp - Week 3

November

2nd	Monday		Executive Committee meeting
3rd	Tuesday		Night Comp - Week 4
10th	Tuesday		Night Comp - Week 5
16th	Monday	7.30pm	PDNA Council, AGM
17th	Tuesday		Night Comp - Week 6
24th	Tuesday		Night Comp - Week 7
30th	Monday		Executive Committee meeting

December

1st	Tuesday		PDNA Night Comp - Semi Final
7th	Monday	7.30pm	Executive Committee meeting
8th	Tuesday		PDNA Night Comp - Grand Final
11th	Friday		Exec Committee Christmas Dinner

General Information

ADMINISTRATION

Penrith Netball's Constitution, By-Laws, Rep By-Laws and NetSetGo By-Laws are available on the PDNA website. The Association is governed by the Constitution and By-Laws which are approved by Club delegates at a Special General Meeting held during the year. There are three sets of By-Laws – General By-Laws, Rep By-Laws and NetSetGo By-Laws. The Constitution and all By-Laws are mandatory and all members of the Association must abide by them at all times. If changes are required to By-Laws, the changes should be submitted in writing to the Secretary, Club officials should ensure that they are familiar with the rules which govern our Association.

Penrith Association adopts all Netball Australia and Netball NSW policies and procedures. For copies of all documents please refer to the Netball NSW website – www.netballnsw.com.au

Clubs are encouraged to direct all enquiries to the relevant Executive of Penrith Association, and to forward any complaints in writing to the Secretary. Club members are encouraged to direct their issues in the first instance to their Club Executive.

All correspondence to Penrith District Netball Association should be addressed to our office by email on admin@penrithnetball.com.au

The Association also maintains a web site that contains relevant information. The address is www.penrithnetball.com.au

AFFILIATION

Applications for affiliation with the Association are renewed annually in February.

ANNUAL DINNER

Penrith Netball will hold its Annual Dinner and Presentation Night on Friday 23rd October, 2026. All members and former members are welcome to attend this evening to recognise current achievements, particularly umpiring and coaching awards, the Penrith Service Awards and Rep awards, and to celebrate another successful year of Netball. Tickets will go on sale in September.

ASSOCIATION COUNCIL MEETINGS

Penrith Association is governed by the Association Council which consists of the Executive Committee elected by the members at the Annual General Meeting and two delegates from each Club. The Executive Committee has the responsibility of managing the affairs of the Association between meetings of Council and for the conduct of competitions and all related activities.

Clubs are required to attend Council Meetings and to advise names of their delegates in writing prior to the meeting. Most clubs advise two delegates and two alternate delegates for the whole year however any change of delegates must be submitted in writing prior to the commencement of the relevant meeting. Your delegates **must be registered members of your Club** and be aged 18 Yrs or over. Fines are imposed if Clubs fail to have a delegate at two successive meetings or the AGM – details are in the Association By-Laws.

Association Council Meetings for 2026 will be held on the following dates:

16-Feb	16-Mar	20-Apr
15-June	17-Aug	
19-Oct (By-Laws)	16-Nov (AGM)	

There are no meetings in January, May, July, September and December.

All meetings are held at Jamison Park Netball Complex commencing at 7.30pm.

AWARDS

Penrith Service Award

Clubs are invited to nominate members for the Penrith Service Award. Nominees should have given at least 10 years of outstanding service to Netball within the Association; this includes service to Netball NSW. Nominations should be submitted to the Secretary by the nominated date each year and the awards will be presented at the Annual Dinner. Details of criteria are in the Association By-Laws.

Club Coach of the Year Award

Clubs are invited to nominate a coach for the Association award, 'Club Coach of the Year'. Nominations should be submitted on the nomination form (available from our website) to the Secretary by nominated date each year, and the winner will be announced at the Annual Dinner in September. Details of the criteria are in the Association By-Laws.

Junior and Senior Representative Awards

Each year the following Rep awards are presented on Grand Final Day or at the Annual Dinner:

- Laurelle Philp Trophy – highest placed team from Junior State Titles
- Joan Buttriss Trophy – most improved player in 12 Years State Team
- President's Trophy – most promising player in 13 Years State Team
- Executive Committee Trophy for 14 Years Team – most improved player in 14 Years State Team
- Executive Committee Trophy for 15 Years Team – most consistent player in 15 Years State Team
- Paige Hadley Diamond Scholarship - Junior or Senior State Titles player from the 14 or 15 years team, who has shown she "strives to be a Diamond"
- Executive Committee Trophy for 17 Years Team - most consistent player in 17 Years State Team
- Executive Committee Trophy for Opens Team - most consistent player in Opens State Team
- Vern Mychael Memorial Awards – selected 15 Years players

- Anne Sargeant Scholarships – selected 11 Years players
- Junior Rookie of the Year – most consistent first year player at Junior State Titles
- Penrith Panthers Trophy - Metro League Player of the Year Team 1
- Rodney Watson Trophy – Metro League Player of the Year, Team 2
- Jill Beckhaus Trophy - Metro League Player of the Year Team 3
- Betty Keavy Trophy - Metro League Player of the Year Team 4
- Margaret Smith Trophy – Metro League Rookie of the Year, Metro Team 1

Umpiring Awards

Each year the umpire panel recommends two awards. The Clare Cavanagh-Wright Award is awarded to a person who has a National Badge and has performed at an outstanding level in the State sphere. The Junior Achievement Award is awarded to an umpire up to and including 17 years for outstanding development and/or achievement. These awards are presented at the Annual Dinner.

Cathy Ormerod Club Of The Year Award

The Club of the Year award is to be awarded to a club that has significantly contributed to the Penrith District Netball Association through Club membership; growth and maintenance, general cooperation of the club and its executive in activities during the award period and general improvements and progress of the club during the award period. Clubs can submit nominations to the Association Secretary by the date notified by the Executive Committee.

The award is to be selected by PDNA registrars and ratified by the PDNA Executive Committee. In the case of conflict of interest by selectors, other members of PDNA Executive Committee will stand in.

Jan Jackson March Past Award

The Jan Jackson March-Past Award is awarded to the club, selected by a judging panel, as making an outstanding effort with their teams and players at the Opening Day March-Past.

CARNIVALS - DISTRICT CARNIVALS

Penrith club teams are welcome to attend Club carnivals held at various Districts throughout NSW on Sundays throughout the season. Some Carnivals are Rep only, while others are open to Club teams. Some are open only to certain age groups, but an All-Age Carnival is generally open to most age groups – check with Margaret Thornton (Junior Rep Convenor) if you're not sure.

A list of Carnivals can be found on the Netball NSW website. Entry fees apply (approx \$55/team).

In 2026, Penrith Association are hosting two Junior (Rep Only) Carnivals:

1. Sunday 29 March - 12yrs to Opens Male & Female State & Development Teams
2. Sunday 14 June - 11 Years Development Teams

COACHING

The Foundation Coaching Course is now accessible online via Netball Australia Learning.

If your Club would like a coaching clinic conducted specifically for your coaches, contact the PDNA Coaching Convenor for more details.

NSW Netball also conducts school development clinics throughout the year. Local schools are welcome to ring Netball NSW on 9951 5000 if they would like to book a clinic.

COMPETITIONS

Penrith Netball conducts two competitions, a Winter Competition from April/May to September and a Night Competition from October to December.

The Winter competition caters for both Juniors and Seniors from 7 years of age upwards. During Winter a modified competition is conducted for players 7-9 years, this is known as NetSetGo – Competition. In addition, we hold a 10 week 'NetSetGo – Skills' course for 'beginner' children aged 5, 6 and 7 years.

The Night (Summer) Competition is for Penrith teams and teams from other District Associations competing.

DISPUTES

Penrith Association has set procedures for dealing with disputes and appeals. The Netball NSW Integrity Policy Framework contains detailed procedures for dealing with disputes or appeals involving the Association, however the Association does generally not become involved in disputes at the Club level. All Netball NSW Policies can be found on their website - <https://nsw.netball.com.au/policies>

FUNDRAISING

Many Clubs conduct fundraising throughout the year. Please note that fundraising is not allowed at Jamison Park during netball events. This includes Saturday's and any other event including Rep trials. You are permitted to fundraise amongst your own Club members only.

- All fundraising events must be approved and endorsed by an affiliated netball club. All requests to PDNA must come through a netball club.
- A letter from the benefitting (government endorsed) charitable group, confirming it is an approved event, is to be provided to the PDNA Secretary at least one week prior to the event.
- Walking around the courts, tents or other areas within the complex, collecting donations, selling raffle tickets or other fundraising items, is not permitted – all fundraising is to be done from the club tent.
- PDNA agrees to put a letter/flyer in each club tray promoting the event (if applicable) – letters/flyers are to be provided by the club one week prior to the event.
- Announcements promoting the event cannot be made over the PA system.

INCORPORATION

For their own protection, all Clubs should become incorporated through the Department of Fair Trading as an 'association'. Information is available from the Department on 13 32 20 or www.fairtrading.nsw.gov.au. A copy of your club's Constitution and Rules/By Laws should be provided to PDNA for our records.

INSURANCE

Netball Australia Insurance

Payment of your membership includes an insurance component. Sports injury and legal liability insurance cover is provided through an approved insurance broker for all registered members whether a player or non-player. Please note that **YOU MUST BE REGISTERED TO BE COVERED BY INSURANCE**. This is particularly important for non-players who could be a coach, manager, umpire and canteen worker. Clubs should ensure that all their members, whether a player or non-player are registered members and therefore have insurance cover. Insurance covers all registered members travelling to and from official training or events and competition matches. There is no fee for a non-player.

A link to the Netball Australia Insurance website is available on the Penrith website.

Public Liability

Penrith Association and its affiliated Clubs are covered for Public Liability Insurance to the value of \$30 million under the Netball Australia policy. Clubs can be issued with a copy of their own Certificate of Currency by contacting the provider via their website.

MEMBERSHIP INCLUDING NSW MEMBERSHIP

Membership categories are based on the age a player turns in the year of play. Categories are:

Senior	Player 18 yrs and over
Junior	Player 10 – 17 yrs
NetSetGo	Player 6 – 9 yrs
NetSetGo Skills	Player 5 – 7 yrs
PWD Player	Person with Disability – all ages
Non Player	Any person not playing – all ages

PLAYHQ

Netball Australia, PlayHQ and Netball NSW have partnered together to provide the netball community participants, volunteers and administrators with a simplified and innovative community sports experience.

As community netball continues to grow, the technology will develop and improve along with us.

All members are provided with access to this site. If you do not have access and would like to join contact the office either by email or by phone and we will assist you.

NETSETGO – SKILLS

NetSetGo Skills Commences in the second week of our Winter Competition. This is a skills based activity program for children aged 5 and 6 years for both boys and girls that runs for 10 weeks.

Registration must be completed through the PlayHQ portal on the PDNA website.

REPRESENTATIVE NETBALL

Suncorp Super Netball

Suncorp Super Netball showcases the country's most elite female athletes in the best netball league in the world, with the competition made readily available to fans through Foxtel and Kayo, and family friendly timeslots.

The home and away season will be played over 14 weeks, with all eight clubs playing each other once at home, and once away. A three-week Finals Series will follow, to be contested by the top four-ranked teams.

Premier League

The NNSWPL is a competition to attract the best current and emerging talent within NSW. Its purpose is to offer a local, elite platform for players, coaches, officials and administrators, and provide bridging opportunities into the Suncorp Super Netball.

Penrith District Netball Association, in conjunction with Hawkesbury District Netball Association and Camden & Districts Netball Association, form the franchise named – Panthers Premier League Netball Inc.

The NNSWPL is contested across two divisions – Opens and 23U.

The ten successful Franchises are:

- Central Coast Heart – Gosford, Woy Woy, and Wyong Netball Associations
- ERNA Hawks – Eastwood Ryde Netball Association
- GWS Fury – Blacktown Netball Association
- Manly Warringah Sapphires – Manly Warringah Netball Association
- North Short United – Ku-ring-gai and Northern Suburbs Netball Associations
- Panthers – Penrith and Hawkesbury Netball Associations
- South Coast Blaze – Illawarra, Shoalhaven, Kiama and Campbelltown Netball Associations
- South West Mounties Magic – Liverpool City Netball Association and Mounties Care
- Sutherland Stingrays – Sutherland Netball Association
- UTS Randwick Sparks – Randwick Netball Association

Metro League

Metro League games are played at Netball Central, Olympic Park Homebush. In 2026 games will be played as follows:

- Monday - Division 5 & Development Series
- Tuesday - Division 3 & Division 4
- Thursday - Division 1 & Division 2

Matches will be played in alternating timeslots at 7.00pm and 8.30pm. Penrith have three teams in Metro League this year, Division 1, Division 3, Division 5.

State Titles

The Senior State Titles are played over the Queen's birthday weekend in June. It features District Association teams in the 15 years, 17 years and under and Opens age groups.

Netball NSW Junior State Titles is the largest sport championship in the Southern Hemisphere. It is conducted in the June/July school holidays from the Saturday until the Monday. Teams from all over New South Wales compete in the 12, 13 and 14 years age groups. The competition has now grown to the stage where it is necessary to hold the championships simultaneously in four divisions at three different venues. In 2026, all Penrith teams are playing in the Championship Division.

Applications for all selections can be found on our website. Teams will be selected, either visually or paper, for the 17s and Opens age groups.

Representative Squads

12–14 years Junior State and Development teams and 15 years Senior State and Development teams are selected at Rep trials held in August/September every year. All 12 to 15 Rep, State teams and Development teams will play in the Penrith Night competition or the Netball NSW Summer Series competition. The 12-15 State Title teams will play in the first round of the Penrith Winter Competition.

Penrith also selects up to 4 X 11 years Development teams who play in selected carnivals throughout the year.

Netball NSW Summer Series

The Netball NSW Summer Series is played on Tuesday - Thursday nights at Netball Central. Summer Series commences in October and concludes in December.

SPONSORSHIP

The following rules currently apply to advertising on uniforms:

- One manufacturer's mark is permitted on each item of players' and officials' clothing, maximum area not exceeding 16 sq cm. A bib is considered one garment, even if two parts.
- One Club or district sponsor's name and/or logo may appear on each piece of clothing, maximum area 64 sq cm.
- Only one sponsor's name/logo may appear on any garment, although manufacturers and sponsor's identity may be on each garment.

The following rules currently apply to club advertising:

- Clubs may display one sign only from each sponsor outside their club tent - provided the sponsor is not a company considered to be in competition with a PDNA sponsor. This is limited to four (4) sponsor signs in total.
- Signs - banners/flags/stands must be limited to a maximum 600sq.cm in size
- Signs must be in close proximity to the tent only
- All sponsorship must have approval of the Association.

Individual player sponsorship is not permitted. All sponsorship must have approval of Association.

UMPIRING

The PDNA Umpire Convenors and Panel oversee the development of umpires in the Penrith District. They conduct coaching and badging for umpires in Penrith, as well as organise umpires for Penrith's representative commitments.

Penrith has a system of District badges (B and C) to encourage starting umpires, who may later progress to a National Badge at A, B or C level, or perhaps even an All-Australia (AA) badge.

A compulsory meeting for all Club Umpire Convenors is held each year.

UMPIRING COURSES

The Rules of Netball Theory Examination

The Rules of Netball Theory Examination tests the basic rules of the game. It is an online examination that is accessible all year. A certificate is generated for all candidates who achieve a pass (70% or above). The most recent examination mark is the current result and Pass marks are valid for 4 years. It is highly recommended that prior to commencing this exam you read a copy of the Rules of Netball (2024 edition). You can access an electronic copy of the rule book through the Netball Australia website. The course can be accessed through the Netball Australia Learning site – www.learning.netball.com.au

Foundation Umpires Course

This course is an online course designed to assist you in achieving the necessary skills and knowledge to be an effective umpire and to enjoy your officiating role. The course contains the following five modules:

- A good umpire, Getting started
- Umpiring techniques, The Rules in Action
- Where to now?

The Foundation Umpire Course is one of the pre-requisites for obtaining a National C Badge and participating in the Elite Umpire Course. Coaches and players are also encouraged to complete the course to further support their understanding of the game. Successful completion of the course provides you with one of the required pre-requisites for a National C Badge. The course can be accessed through your PlayHQ profile.

Elite Umpires Accreditation Course

The Elite Umpire Course is for those umpires looking at refining their skills in a high performance environment. It has been designed to further develop umpiring skills, techniques, and increase understanding of the procedures and protocols of a higher level of umpiring. The Elite Umpire Course is a pre-requisite for obtaining a National A Badge. Visit the Netball NSW website to find an Elite Umpire Course in your local area.

Updating Your Umpire Knowledge

Netball Australia requires all on court umpires to complete a series of tasks over a four year period after they've successfully attained their Netball Australia C, B, A or AA badge.

We recommend that all umpires continue to upgrade their knowledge, skills and competencies after they've attained their badge. Staying up-to-date maintains the overall quality of umpires in netball and makes sure they are provided with ongoing education and development opportunities.

The ongoing education and development opportunities cover areas such as:

- The latest information on developments in netball
- Rules knowledge and current interpretations
- Access to the most up-to-date techniques and skills relating to umpiring

Umpires are required to reach a certain number of points of updating activity to maintain their accreditation at the relevant badge level. For the A and AA badge, umpires must successfully complete a practical assessment as well. The types of tasks and the number of points required for each badge level can be found on the Netball Australia website.

WEBSITE

Penrith Netball's website address is www.penrithnetball.com.au. Clubs can organise access to their own page through the PR Convenor, Kellie Tickner or the Office Administrator. Much of Penrith's vital information, such as Rep team selections, minutes of meetings, forms and results of competition games, can be found on the website.

WET WEATHER

Where play is in doubt because of wet weather, as soon as a decision is made a message will be placed on the Association website and Facebook page.

Club Information

Cambridge Park

Club President	Vikki Trevena	cpnc.president@outlook.com
Club Vice President	Kellie Tickner	cpnc.vicepresident@outlook.com
Club Secretary	Belinda Mumford	cpnc@outlook.com.au
Club Treasurer	Heike Forth	cpnc@outlook.com.au
Umpire Convenor	Kim Lawson Tayla Hay	cpnc.umpires@outlook.com
NSG/Junior Registrar	Alison Frendo	cpncjnrregistrar@outlook.com
Senior Registrar	Kelly White	cpnc.seniorregistrar@outlook.com
Coaching Convenors	Amanda Moloney Carlie Christie	cpnc.coaching@outlook.com

Corpus Christi

Club President	Michelle Webb	ccnc94@gmail.com
Club Vice President	Joanne Attard	joanne@spotty.com.au
Club Secretary	Michele O'Callaghan	adam.michele@bigpond.com
Club Treasurer	Simone Egan	simone.egan@penrith.city
Umpire Convenor	Irene Dunn	reneliz@hotmail.com
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Coaching Convenor	Melissa Caldwell	melissa25185@gmail.com

Emmaus

Club President	Amanda Bowyer	emmausnetballclub@hotmail.com
Club Vice President	Megan Johnson	
Club Secretary	Michelle Lawrence Argæet	
Club Treasurer	Simon Syamando	
Umpire Convenor	Brittney Murray	
Umpire Convenor	Amanda Bowyer	
Registrar - All Ages	Meighan Ellul	
Coaching Convenor	Ashley Rostron	

Emu Plains

Club President	Elizabeth De Marzi	edemarzi@bigpond.net.au
Club Vice President		
Club Secretary	Cara Stewart	cara_s24@hotmail.com
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Erskine Park

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Glenmore Park

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Club Secretary	Kelly Scanlon	
Club Treasurer	Jackie Jones	
Umpire Convenor	Paiten Preissl	
Coaching Convenor	Rowena Gear	
Registrar	Barbara Dallinger	

Inferno

Club President	Cameron Heggie	president.infernonetball@gmail.com
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Jordan Springs

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Penrith RSL

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Coaching Convenor	Tegan Dunn	tegangdunn13203@gmail.com

Penrith South

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Coaching Convenor	Caitlin Williams	caitlinwilliams13@gmail.com
Coaching Convenor	Helen Bates	helens.80@hotmail.com

Penrith Sports

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Umpire Convenor	Melissa Robertson	mrobertson@expert360.com

Riverlands

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Club Vice President	Sharon Hail	
Club Secretary	Elise Bartley	riverlandsnetball@hotmail.com
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Registrar - All Ages	Carley Stone	riverlandsnetball@hotmail.com
Coaching Convenor	Linda Thompson	

St Clair

Club President, Sec	Megan Oakes	megan.oakes@hotmail.com
Club Treasurer	Joanne Bissett	joannebissett@bigpond.com
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St Josephs

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St Marys

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St Nicholas

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Club Secretary	Trish Conner	
Club Treasurer	Natalie Sibbald	
Umpire Convenor	Rebecca Woodley	
Junior Registrar	Vanessa Garrahy	
Senior Registrar	Lyndahl Riley	
Coaching Convenor	Mel Roope	

Sydney West Allstars

Club President, VP, Sec, Treas	Cherish Keepa	sydneywestallstars@gmail.com
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Twin Creeks

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Club Secretary	Brendan Mitchell	
Club Treasurer	Patricia Mann	
Umpire Convenor	Vanessa Sutherland	
Coaching Convenor	Patricia Mann	
Registrar	Vanessa Sutherland	

Warragamba

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PANTHERS PREMIER LEAGUE NETBALL

Penrith District Netball Association
Hawkesbury City Netball Association
Camden & District Netball Association



www.panthersnetball.nsw.netball.com.au



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