

Penrith District Netball Association Inc



2022 Calendar



Postal Address: PO Box 857, KINGSWOOD NSW 2747

Location: Jamison Park Netball Complex
Cnr Batt Street and York Road, South Penrith

Phone: 4721 4319

Office Hours: Monday – Friday 9:00am to 2:00pm

Office Email: pennball@bigpond.net.au

Accounts Email: pennballaccts@gmail.com

Website: www.penrithnetball.com

Penrith District Netball Association Inc

Patrons

Mrs Betty Keavy
Mrs Jill Beckhaus
Mr Rodney Watson OAM

Life Members

Roma Jones	1979
Jill Beckhaus	1981
Joan Buttriss*	1985
Kerrie Gane	1989
Margaret Smith	1989
Noelene Hawks	1992
Linda Marsden	1995
Frances Wagner	1995
Pat Trewin	1996
Nadja Pratt	1997
Kaye Suffield	1998
Jan Jackson	1999
Linda Gibbs	2000
Rodney Watson OAM	2002
Judith Sibbald	2003
Jenny Clay	2004
Patricia Conner	2006
Joy Gillett OAM	2008
Vicki McClintock	2009
Clare Cavanagh-Wright*	2009
Gabrielle Hancock	2010
Cathy Ormerod*	2012
Barry Olsen	2013
Jan Ebelt	2014
Patricia Mann	2016
Kellie Tickner	2021

**Deceased*

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Executive Committee

President

Joy Gillett (M) 0409 033 381 (W) joy@arh.org.au

Vice President

Judith Sibbald (M) 0427 606 605 (H) judenetball@gmail.com

Secretary

Lynn Deuis (M) 0411 595 785 (H) lynn_pdna@yahoo.com

Treasurer

Barry Olsen (M) 0438 437 258 (H) bazolsen@hotmail.com

Senior Umpire Convenor

Shanae Terry (M) 0410 358 069 (H) shanae.netball@gmail.com

Junior Umpire Convenor

Gabrielle Hancock (M) 0408 570 465 (H) glhancock@bigpond.com

Coaching Convenor

Jan Ebelt (M) 0417 489 924 (H) jebelt56@gmail.com

Senior Registrar

Barbara Dallinger (M) 0433 362 655 (H) bdallinger@hotmail.com

Intermediate Registrar

Vikki Trevena (M) 0419 424 990 (H) vikpat@bigpond.com

Junior Registrar

Meighan Ellul (M) 0401 515 039 (H) meighan.ellul@gmail.com

Competitions Convenor

Trish Conner (M) 0402 441 154 (H) netballchic@aol.com

Competitions Assistant

Leanne Mostek (M) 0413 539 080 (H) leamostek@hotmail.com

Senior Rep Convenor

Tricia Mann (M) 0407 706 298 (W) p.mann@westernsydney.edu.au

Junior Rep Convenor

Margaret Thornton (M) 0439 291 010 (Reps) pdnareps@gmail.com

PR Convenor

Kellie Tickner (M) 0452 233 130 (H) kellie.tickner@hotmail.com

Sub-Committees & Panels

Coaching Advisory Panel

Jan Ebelt (Convenor)
Lisa Beehag

Grading Panel

Barbara Dallinger (Convenor)
Vikki Trevena
Meighan Ellul

Penrith Service Award Sub-Committee

Joy Gillett OAM (Convenor)
Bernadette Finn
Jenni May
Belinda Mumford
Michelle Mullampy

Umpiring Panel

Shanae Terry (Convenor)
Gabrielle Hancock
Lyndahl Riley
Nicole Odewahn
Paiten Preissl
Gail White
Sarah Philp
Ebony Frost

Representatives for Netball NSW

PDNA Delegates to Netball NSW

Joy Gillett OAM
Barry Olsen
Judith Sibbald
Lynn Deuis

Netball NSW Tribunals & Appeals

Joy Gillett OAM

Alternate Delegates

Jan Ebelt
Tricia Mann

Useful Contacts

PHONE/EMAILS

Jamison Park Netball Complex
Netball NSW

4721 4319
9951 5000

WEBSITES

Penrith Netball
Netball NSW
Netball Australia
Willis Australia (Insurance)

www.penrithnetball.com
www.nsw.netball.com.au
www.netball.com.au/
www.willisnetball.com

Benefits of Affiliation

Winter and Night Competitions
Modified Netball (NetSetGo) for Juniors
NetSetGo Skills for beginners
Carnivals with affiliated Districts
Opportunity to trial for NSW and Australian teams
Participation in Netball NSW competitions
~ Junior State Titles
~ Senior State Titles
~ Premier League
~ Metro League
~ Summer Series
Training courses for coaching and umpiring accreditation
Umpires' theory exams
Coaching clinics for players, beginners to elite
Sports Injury and Liability Insurance Cover
Delegation to PDNA monthly meetings
Representation at Netball NSW meetings

Penrith Rep Officials

Panthers Premier League

Chair	Joy Gillett OAM	PDNA President
High Performance Manager	Lisa Beehag	bnetconsulting@live.com

Metro League

Team 1		
Coach	TBC	
Assistant Coach	Michelle Mullampy	mullampy@gmail.com
Manager	Margaret Murrin	margaret.murrin@det.nsw.edu.au
Team 2		
Coach	Toni-Anne Jones	toniannehickey@gmail.com
Manager	Leonie Peterson	leonie_bara@hotmail.com

17 Years

Head Coach	Kylie O'Brien	ky3006@live.com.au
Assistant Coach	Michelle Mullampy	mullampy@gmail.com
Manager	Margaret Murrin	margaret.murrin@det.nsw.edu.au

15 Years

Head Coach	Vanessa Jackson	vanessa.jackson@ap.jll.com
Assistant Coach	Priscilla Quinlan	priscilla.quinlan@bigpond.com
Manager	Sharon Wilson	glennshaz@pnc.com.au

14 Years

Head Coach	Sarah Thornton	srthornton95@gmail.com
Assistant Coach	Melinda Roope	mel.roope@gmail.com
Development Coach	Melissa Caldwell	melissa25184@gmail.com
Manager	Jenni May	jennilmay1@gmail.com

13 Years

Head Coach	Freda Crane	fredacrane@optusnet.com.au
Assistant Coach	Leanne Dunn	leanne.dunn@det.nsw.edu.au
Development Coach	Christine Martin	christine.martin@hotmail.com
Manager	Kim Wennerbom	kimwennerbom@hotmail.com

12 Years

Head Coach

Assistant Coach

Development Coach

Manager

Jennifer Tomkins

Courtney Jackson

Gavin Daley

Renee Saia

jktomkins@hotmail.com

c_lee_99@hotmail.com

gavindaley316@gmail.com

reneaia@y7mail.com

11 Years Development

Head Coach

Assistant Coach

Assistant Coach

Assistant Coach

Trainee Coach

Trainee Coach

Manager

Name

Amanda Moloney

Jodie Gardner

Jasmine Vella

Caitlin Williams

Emma Quinlan

Tegan Dunn

Kristen Sutton

amoloney78@hotmail.com

jodiegardner@bigpond.com

jassyv6304@gmail.com

caitlinewilliams13@gmail.com

emma.quinlan@icloud.com

tegandunn13203@gmail.com

kristennkain@hotmail.com

2022 Calendar

April

3rd	Sunday		Rep Carnival PDNA
11th	Monday	7.30pm	PDNA Council Meeting
15th	Friday		Good Friday
16th	Saturday		Easter Saturday
18th	Monday		Easter Monday
25th	Monday		ANZAC day
26th	Tuesday	7.30pm	Executive Committee meeting
30th	Saturday		PDNA Winter Comp - Opening Day - Week 1

May

2nd	Monday	7.30pm	Executive Committee meeting
7th	Saturday		Week 2 & NSG Skills Week 1
14th	Saturday		Week 3 & NSG Skills Week 2
16th	Monday	7.30pm	Executive Committee meeting
21st	Saturday		Week 4 & NSG Skills Week 3
28th	Saturday		Week 5 & NSG Skills Week 4

June

4th	Saturday		Week 6 & NSG Skills Week 5
6th	Monday		Executive Committee meeting
11th/12th/13th	Sat/Sun/Mon		Senior State Titles - Campbelltown
18th	Saturday		Week 7 & NSG Skills Week 6
20th	Monday	7.30pm	PDNA Council Meeting
20th	Monday		PDNA Presidents Forum
25th	Saturday		Week 8 & NSG Skills Week 7

July

2nd/3rd/4th	Sat/Sun/Mon		Junior State Titles - Penrith
16th	Saturday		Week 9 & NSG Skills Week 8
18th	Monday	7.30pm	Executive Committee meeting
23rd	Saturday		Week 10 & NSG Skills Week 9
30th	Saturday		Week 11 & NSG Skills Final Week
31st	Sunday		10 Years Development Day
31st	Sunday		EOI for Rep Coaching Closes
31st	Sunday		Club Coach of the Year Nominations Close

August

1st	Monday		Executive Committee meeting
6th	Saturday	5pm	PDNA GALA day - 50th Anniversary
6th	Saturday		Week 12
7 th	Sunday		11-15yrs Representative Selections Phase 1
9th	Tuesday		Week 15
13th	Saturday		Week 13
15th	Monday		PDNA Council meeting
20th	Saturday		Week 14
21st	Sunday		11-15yrs Representative Selections Phase 2
27th	Saturday		Semi Finals
29th	Monday	7.30pm	Executive Committee meeting

September

3rd	Saturday		Finals - Finals
10th	Saturday		Grand Final - Grand Final
12th	Monday		Executive Committee meeting - By Laws
13th	Tuesday		Night Comp Registration - Clubs

October

10th	Monday		School resumes
10th	Monday		Executive Committee meeting
11th	Tuesday		Night Comp - Week 1
14th	Friday	7pm	PDNA 50th Anniversary + Annual Dinner
17th	Monday	7.30pm	PDNA Council + By Laws meetings
18th	Tuesday		Night Comp - Week 2
25th	Tuesday		Night Comp - Week 3
31st	Monday		Executive Committee meeting

November

1st	Tuesday		Night Comp - Week 4
8th	Tuesday		Night Comp - Week 5
15th	Tuesday		Night Comp - Week 6
21st	Monday	7.30pm	PDNA Council, AGM
22nd	Tuesday		Night Comp - Week 7
29th	Tuesday		Night Comp - Finals

December

4th	Sunday		Metro League Trials
5th	Monday	7.30pm	Executive Committee meeting
6th	Tuesday		PDNA Night Comp - Grand Final
16th	Friday		Exec Committee Christmas Dinner

General Information

ADMINISTRATION

Penrith Netball's Constitution, By-Laws, Rep By-Laws and NetSetGo By-Laws are distributed annually to affiliated clubs. The Association is governed by the Constitution and By-Laws which are approved by Club delegates at the Annual General Meeting and, if required, at Special General Meetings during the year. There are three sets of By-Laws – General By-Laws, Rep By-Laws and NetSetGo By-Laws. The Constitution and all By-Laws are mandatory and all members of the Association must abide by them at all times. If changes are required to By-Laws, the changes should be submitted in writing to the Secretary, who will call a Special Meeting of Council to discuss the proposal. The Constitution may only be amended at the AGM. Club officials should ensure that they are familiar with the rules which govern our Association.

The Penrith Association has adopted the Netball NSW Member Protection Policy (MPP). The Member Protection Policy sets out the procedures for dealing with disputes and appeals. If you have a complaint please refer to Part C of the MPP which is the Complaint Handling Policy. This provides a step by step procedure on what to do.

In addition all Codes of Conduct applicable to players, parents, spectators, coaches, administrators and officials are contained in the MPP. The MPP is where you find all our policies in relation to Child Protection, Anti-Discrimination, Pregnancy, Sexual Relationships, Gender Identity and Anti-Doping. All information is available at: www.penrithnetball.com

A copy of the Codes of Conduct is at the end of this section on General Information. The Association does not become involved in disputes at Club level. However, procedures to assist Clubs and members are available in the MPP.

Clubs are encouraged to direct all enquiries to the relevant Executive of Penrith Association, and to forward any complaints in writing to the Secretary. Club members are encouraged to direct their issues in the first instance to their Club Executive.

All correspondence to Penrith District Netball Association should be addressed to: The Secretary, PO Box 857, KINGSWOOD NSW 2747 or pennball@bigpond.net.au The Association also maintains a web site that contains relevant information. The address is www.penrithnetball.com

AFFILIATION

Applications for affiliation with the Association are renewed annually in February.

ANNUAL DINNER

Penrith Netball will hold its Annual Dinner and Presentation Night on Friday 14th October. All members and former members are welcome to attend this evening to recognise current achievements, particularly umpiring and coaching awards, the Penrith Service Awards and Rep awards, and to celebrate another successful year of Netball. Tickets will go on sale in September.

ASSOCIATION COUNCIL MEETINGS

Penrith Association is managed by the Association Council which consists of the Executive Committee elected by the members at the Annual General Meeting and two delegates from each Club. The Executive Committee has the responsibility of managing the affairs of the Association between meetings of Council and for the conduct of competitions and all related activities.

Clubs are required to attend Council Meetings and to advise names of their delegates in writing prior to the meeting. Most clubs advise two delegates and two alternate delegates for the whole year however any change of delegates must be submitted in writing prior to the commencement of the relevant meeting. Your delegates **must be registered members of your Club** and be aged 18 Yrs or over. Fines are imposed if Clubs fail to have a delegate at two successive meetings or the AGM – details are in the Association By-Laws.

Association Council Meetings for 2022 will be held on the following dates:

21-Feb	21-Mar	11-Apr
20-June	15-Aug	17-Oct (By-Laws)
21-Nov (AGM)		

There are no meetings in January, May, July, September and December.
All meetings are held at Jamison Park Netball Complex commencing at 7.30pm.

AWARDS

Penrith Service Award

Clubs are invited to nominate members for the Penrith Service Award. Nominees should have given at least 10Yrs' outstanding service to Netball within the Association; this includes service within your own Club. Nominations should be submitted to the Secretary by the nominated date each year and the awards will be presented at the Annual Dinner. Details of criteria are in the Association By-Laws.

Club Coach of the Year Award

Clubs are invited to nominate a coach for the Association award, 'Club Coach of the Year'. Nominations should be submitted on the nomination form (available from our website) to the Secretary by nominated date each year, and the winner will be announced at the Annual Dinner in September. Details of the criteria are in the Association By-Laws.

Junior and Senior Representative Awards

Each year the following Junior Rep awards are presented on Grand Final Day:

- Laurelle Philp Trophy – highest placed team from Junior State Titles
- Joan Buttriss Trophy – most improved player in 12 Years State Team
- President's Trophy – most promising player in 13 Years State Team
- Executive Committee Trophy for 14 Years Team – most improved player in 14 Years State Team
- Executive Committee Trophy for 15 Years Team – most consistent player in 15 Years State Team
- Vern Mychael Memorial Awards – selected 15 Years players
- Anne Sargeant Scholarships – selected 11 Years players

The following awards are made to Senior Reps at the Annual Dinner:

- Penrith Panthers Trophy - Metro League Player of the Year Team 1
- Rodney Watson Trophy – Metro League Player of the Year, Team 2
- Jill Beckhaus Trophy - Metro League Player of the Year Team 3
- Betty Keavy Trophy - Metro League Player of the Year Team 4
- Margaret Smith Trophy – Metro League Rookie of the Year, Metro Team 1

Umpiring Awards

Each year the umpire panel recommends two awards. The Clare Cavanagh-Wright Award is awarded to a person who has a National Badge and has performed at an outstanding level in the State sphere. The Junior Achievement Award is awarded to an umpire up to and including 17 years for outstanding development and/or achievement. These awards are presented at the Annual Dinner.

CARNIVALS - DISTRICT CARNIVALS

Penrith club teams are welcome to attend Club carnivals held at various Districts throughout NSW on Sundays throughout the season. Some Carnivals are Rep only, while others are open to Club teams. Some are open only to certain age groups, but an All-Age Carnival is generally open to most age groups – check with Margaret Thornton (Junior Rep Convenor) if you're not sure.

A list of Carnivals is included below and in the Competition Draw found on the website. Any club teams wishing to enter must do so through their club secretary. Entry is \$33 per team.

31-Jul	St George District	10 – 16 Club Teams
31-Jul	Ku-ring-gai	10 & 11 Gala Day
17-Jul	Blacktown City	10 – Open's Club Teams
14-Aug	Liverpool City	All Age Club

Penrith Association host a Junior (Rep Only) Carnival in March/April every year. Please see the calendar for this year's date.

COACHING

The Foundation Coaching Course is now accessible online via Netball Australia Learning. The cost of the online course is approximately \$70.

If your Club would like a coaching clinic conducted specifically for your coaches, contact Jan Ebelt for more details.

NSW Netball also conducts school development clinics throughout the year. Local schools are welcome to ring Netball NSW on 9951 5000 if they would like to book a clinic.

Club Coaching Series

A club coaching series will be held with Penrith's Premier League Mentor, Lisa Beehag. Representative teams and coaches will be observed with a specialised program and significant information handed out each week. For bookings please contact the office.

COMPETITIONS

Penrith Netball conducts two competitions, a Winter Competition from May to September and a Night Competition from October to December.

The Winter competition caters for both Juniors and Seniors from 7 years of age

upwards. During Winter a modified competition is conducted for players 7-9 years, this is known as NetSetGo – Competition. In addition, we hold a 10 week 'NetSetGo – Skills' course for 'beginner' children aged 5, 6 and 7 years.

The Night (Summer) Competition is for Penrith teams and teams from other District Associations competing and is open to all players except 7 and 8 year olds.

DISPUTES

Penrith Association has set procedures for dealing with disputes and appeals. The Member Protection Policy Part C contains detailed procedures for dealing with disputes or appeals involving the Association, however the Association does generally not become involved in disputes at the Club level.

FEES

Fees payable to Penrith for 2022 (including GST) are as follows:

Winter

Senior Player	\$146
Senior Player PWD	\$86
Junior Player	\$118
Junior Player PWD	\$79
NetSetGo – skills (5 & 6 years)	\$70
NetSetGo – competition (Modified) (7 and 8 years)	\$102
NetSetGo – full rules (9 and 10 years)	\$118
NetSetGo – PWD	\$63
Non-Player	\$50

Night Comp

per team (for existing players).	\$150 per team (for existing)
New players;	
Senior	\$68
Junior	\$52
Non player	\$50
Non player in winter to a player in night comp	\$20

All ages are taken as at 31st December of the playing year and your registration fee applies to the grade you are playing, eg. If you are 15 Yrs of age and playing Senior A grade you pay the Senior fee. Part of your fee is sent to NSW to cover membership of Netball NSW and Netball Australia, as well as member insurance and GST.

FUNDRAISING

Many Clubs conduct fundraising throughout the year. Please note that fundraising is not allowed at Jamison Park during netball events. This includes Saturday's and any other event including Rep trials. You are permitted to fundraise amongst your own Club members only.

- All fundraising events must be approved and endorsed by an affiliated netball club. All requests to PDNA must come through a netball club.
- A letter from the benefitting (government endorsed) charitable group, confirming it is an approved event, is to be provided to the PDNA Secretary at least one week prior to the event.
- Walking around the courts, tents or other areas within the complex, collecting donations, selling raffle tickets or other fundraising items, is not permitted – all fundraising is to be done from the club tent.
- PDNA agrees to put a letter/flyer in each club tray promoting the event (if applicable) – letters/flyers are to be provided by the club one week prior to the event.
- Announcements promoting the event cannot be made over the PA system.

INCORPORATION

For their own protection, all Clubs should become incorporated through the Department of Fair Trading as an 'association'. Information is available from the Department on 13 32 20 or www.fairtrading.nsw.gov.au.

INSURANCE

Netball Australia Insurance

Payment of your membership fee to Penrith Association includes an insurance fee component. Sports injury and legal liability insurance cover is provided through an approved insurance broker for all registered members whether a player or non-player. Please note that **YOU MUST BE REGISTERED TO BE COVERED BY INSURANCE**. This is particularly important for non-players who could be a coach, manager, umpire and canteen worker. Clubs should ensure that all their members, whether a player or non-player are registered members and therefore have insurance cover. Insurance covers all registered members travelling to and from official training or events and competition matches.

The insurer is V Insurance Group who have designed a national insurance program specifically to meet the needs of all members of netball in Netball NSW. The insurance program provides protection at all levels for personal accident, public liability and professional indemnity.

A link to the Netball Australia Insurance website is available on the Penrith website.

Public Liability

Penrith Association and its affiliated Clubs are covered for Public Liability Insurance to the value of \$30 million under the policy with XL Catlin Insurance Company Australia. Clubs will be issued with a copy of the Certificate of Currency in the Association's name when it is renewed each January. If necessary an Association letter can be provided on request to the Office Administrator verifying that your Club is affiliated with Penrith Association and therefore covered by the Certificate.

MEMBERSHIP INCLUDING NSW MEMBERSHIP

Membership of Penrith Association automatically secures membership to Netball NSW. Netball NSW categories are based on age a player turns in the year of play. Categories are:

Senior	Player 18 yrs and over
Junior	Player 10 – 17 yrs
NetSetGo	Player 6 – 9 yrs
NetSetGo Skills	Player 5 – 7 yrs
PWD Player	Person with Disability – all ages
Non Player	Any person not playing – all ages

PLAYHQ

Netball Australia, PlayHQ and Netball NSW have partnered together to provide the netball community participants, volunteers and administrators with a simplified and innovative community sports experience.

This new technology system will be replacing the current MyNetball solution. As community netball continues to grow, the technology will develop and improve along with us.

All members are provided with access to this site. If you do not have access and would like to join contact the office either by email or by phone and we will assist you.

NETSETGO – SKILLS

NetSetGo Skills Commences in May. This is a skills based activity program for children aged 5 and 6 years for both boys and girls that runs for 10 weeks.

The cost for this program is \$74.00. Registration must be completed through the PlayHQ portal on the PDNA website.

REPRESENTATIVE NETBALL

Suncorp Super Netball

Suncorp Super Netball showcases the country's most elite female athletes in the best netball league in the world, with the competition made readily available to fans through Foxtel and Kayo, and family friendly timeslots.

The home and away season will be played over 14 weeks, with all eight clubs playing each other once at home, and once away. A three-week Finals Series will follow, to be contested by the top four-ranked teams.

Premier League

The NNSWPL is a competition to attract the best current and emerging talent within NSW. Its purpose is to offer a local, elite platform for players, coaches, officials and administrators, and provide bridging opportunities into the Australian Netball League (ANL) and subsequent Suncorp Super Netball.

Penrith District Netball Association, in conjunction with Hawkesbury District Netball Association and Blue Mountains Netball Association, formed the franchise named – Panthers Premier League Netball Inc.

The ten successful Franchises are:

- Capital Spirit - Netball ACT
- Central Coast Heart – Gosford, Woy Woy and Wyong Netball Associations
- GWS Fury – Baulkham Hills and Blacktown Netball Associations
- ERNA Hawks – Eastwood Ryde Netball Association
- Manly Warringah Sapphires – Manly Warringah Netball Association
- North Short United – Ku-ring-gai and Northern Suburbs Netball Associations
- Panthers – Penrith, Blue Mountains and Hawkesbury Netball Associations
- South Coast Blaze – Illawarra, Shoalhaven and Kiama Netball Associations
- Sutherland Stingrays – Sutherland Netball Association
- UTS Randwick Sparks – Randwick Netball Association

The NNSWPL is contested across two divisions – Opens and Under 23s.

Metro League

Penrith enters a number of teams in the NSW Metro League competitions. Metro League games are played at Netball Central, Olympic Park Homebush. In 2022 games will be played as follows:

- Division 1 & 2 – Thursday night
- Division 3 & 4 – Monday night
- Division 5 & 6 – Tuesday night

Matches will be played in alternating timeslots at 7.00pm and 8.30pm.

Penrith have two teams in Metro League this year, Division 1 and Division 5.

State Titles

The Senior State Titles are played over the Queen's birthday weekend in June. It features District Association teams in the 15 years, 17 years and under and Opens age groups.

Netball NSW Junior State Titles is the largest sport championship in the Southern Hemisphere. It is conducted in the June/July school holidays from the Saturday until the Monday. Teams from all over New South Wales compete in the 12, 13 and 14 years age groups. The competition has now grown to the stage where it is necessary to hold the championships simultaneously in four divisions at three different venues. In 2022, all Penrith teams will be playing in the Championship Division.

Applications for all selections can be found on our website and must be sent to the PDNA Office. Teams will be selected, either visually or paper, for the 17s and Opens age groups.

Representative Squads

12–14 years Junior State and Train-on teams and 15 years Senior State and Train-on teams are selected at Rep trials held in July/August every year. All 12 to 15 Rep, State teams and Train-on teams will play in the Penrith Night competition or the Netball NSW Summer Series competition. The 12-15 State Title teams will play in the first round of the Penrith Winter Competition.

Penrith also selects up to 4 X 11 years Development teams who play in selected carnivals throughout the year.

Netball NSW Summer Series

The Netball NSW Summer Series is played on Tuesday - Thursday nights at Netball Central. Summer Series commences in October and concludes in December.

SPONSORSHIP

The following rules currently apply to advertising on uniforms:

- One manufacturer's mark is permitted on each item of players' and officials' clothing, maximum area not exceeding 16 sq cm. A bib is considered one garment, even if two parts.
- One Club or district sponsor's name and/or logo may appear on each piece of clothing, maximum area 64 sq cm.
- Only one sponsor's name/logo may appear on any garment, although manufacturers and sponsor's identity may be on each garment.

The following rules currently apply to club advertising:

- Clubs may display one sign only from each sponsor outside their club tent - provided the sponsor is not a company considered to be in competition with a PDNA sponsor. This is limited to four (4) sponsor signs in total.
- Signs - banners/flags/stands must be limited to a maximum 600sq.cm in size
- Signs must be in close proximity to the tent only
- All sponsorship must have approval of the Association.

Individual player sponsorship is not permitted. All sponsorship must have approval of Association.

UMPIRING

Shanae Terry, Gabrielle Hancock and the Umpires Panel oversee the development of umpires in the Penrith District. They conduct coaching and badging for umpires in Penrith, as well as organise umpires for Penrith's representative commitments.

Penrith has a system of District badges (B and C) to encourage starting umpires, who may later progress to a National Badge at A, B or C level, or perhaps even an All-Australia (AA) badge.

A compulsory meeting for all Club Umpire Convenors is held in April each year.

UMPIRING COURSES

The Rules of Netball Theory Examination

The Rules of Netball Theory Examination tests the basic rules of the game. It is an online examination that is accessible all year. A certificate is generated for all candidates who achieve a pass (70% or above). The most recent examination mark is the current result and Pass marks are valid for 4 years. It is highly recommended that prior to commencing this exam you read a copy of the Rules of Netball (2020 edition). You can access an electronic copy of the rule book through the Netball Australia website. The course can be accessed through the Netball Australia Learning site – www.learning.netball.com.au

Foundation Umpires Course

This course is an online course designed to assist you in achieving the necessary skills and knowledge to be an effective umpire and to enjoy your officiating role. The course contains the following five modules:

- A good umpire, Getting started
- Umpiring techniques, The Rules in Action
- Where to now?

The Foundation Umpire Course is one of the pre-requisites for obtaining a National C Badge and participating in the Elite Umpire Course. Coaches and players are also encouraged to complete the course to further support their understanding of the game. Successful completion of the course provides you with one of the required pre-requisites for a National C Badge. The course can be accessed through your PlayHQ profile.

Elite Umpires Accreditation Course

The Elite Umpire Course is for those umpires looking at refining their skills in a high performance environment. It has been designed to further develop umpiring skills, techniques, and increase understanding of the procedures and protocols of a higher level of umpiring. The Elite Umpire Course is a pre-requisite for obtaining a National A Badge. Visit the Netball NSW website to find an Elite Umpire Course in your local area.

Updating Your Umpire Knowledge

Netball Australia requires all on court umpires to complete a series of tasks over a four year period after they've successfully attained their Netball Australia C, B, A or AA badge.

We recommend that all umpires continue to upgrade their knowledge, skills and competencies after they've attained their badge. Staying up-to-date maintains the overall quality of umpires in netball and makes sure they are provided with ongoing education and development opportunities.

The ongoing education and development opportunities cover areas such as:

- The latest information on developments in netball
- Rules knowledge and current interpretations
- Access to the most up-to-date techniques and skills relating to umpiring

Umpires are required to reach a certain number of points of updating activity to maintain their accreditation at the relevant badge level. For the A and AA badge, umpires must successfully complete a practical assessment as well. The types of tasks and the number of points required for each badge level can be found on the Netball Australia website.

WEBSITE

Penrith Netball's website address is www.penrithnetball.com Clubs can organise access to their own page through the PR Convenor, Kellie Tickner or the Office Administrator. Much of Penrith's vital information, such as Rep team selections, minutes of meetings, forms and results of competition games, can be found on the website.

WET WEATHER

Where play is in doubt because of wet weather, as soon as a decision is made a message will be placed on the Association website and Facebook page.

Netball NSW

Codes of Behaviour Policy

1. PURPOSE OF THIS POLICY

- 1.1 Netball Australia, Netball NSW and Affiliates seek to provide a safe, fair and inclusive environment for everyone involved in netball.
- 1.2 To achieve this, Netball Australia, Netball NSW and Affiliates require certain standards of behaviour of players/athletes, coaches, officials, administrators, parents/guardians (of child participants) and spectators.
- 1.3 The Codes of Behaviour are underpinned by the following core values:
- To act within the rules and spirit of netball.
 - To display respect and courtesy towards everyone involved in netball and prevent discrimination, bullying and sexual harassment.
 - To prioritise the safety and well-being of children and young people involved in netball.
 - To encourage and support opportunities for participation in all aspects of netball.

2. SCOPE OF THIS POLICY

- 2.1 The Codes of Behaviour apply to the following people whether they are operating in a paid or unpaid/voluntary capacity in Netball NSW or as an Affiliate:
- Individual members, including service award holders and life members.
 - Individuals who are members of Boards, committees and sub-committees.
 - All employees, volunteers, independent contractors and other workplace participants.
 - Any other person that is a member of or affiliated to Netball NSW.
 - Parents, guardians, spectators and sponsors and any other person to the full extent that is possible.
 - Members of the Players Association.
 - Any other Person who has agreed to be bound by this Policy.
- 2.2 The Codes of Behaviour applies to each of the above persons at all times during netball related activities and at all times when acting in any capacity, whether voluntary or paid, on behalf of Netball NSW or an Affiliate.

3. BREACH OF THIS POLICY

- 3.1 Any alleged breach of the Codes of Behaviour should be managed using the process outlined in the relevant Netball NSW or Affiliates Constitution or policies.
- 3.2 A list of related Netball NSW policies and guidelines which are to be considered when dealing with a breach of the Codes of Behaviour are listed below:
- Netball NSW Constitution
 - Netball NSW Member Protection Policy
 - Netball NSW Pregnancy Policy
 - Netball NSW Smoke Free Policy
 - Netball Australia Inclusion Policy
 - Netball Australia Junior Policy
 - Netball Australia Integrity Framework
 - Anti-Illicit Drugs in Netball Rule
 - Supplements and Other Substances in Netball Rule
 - Medications in Netball Rule
 - No Self-Injection in Netball Rule
 - Anti-Doping Declaration Rule
 - Reporting Conduct That May Bring Netball into Disrepute
 - Anti-Doping Policy
 - National Policy on Match Fixing

4. ROLE SPECIFIC CODES OF BEHAVIOUR

- 4.1 In addition to the General Code of Behaviour, Netball NSW has developed role-specific Codes of Behaviour. These codes are as follows:
- Administrator Code of Behaviour
 - Coach Code of Behaviour
 - Player Code of Behaviour
 - Umpire Code of Behaviour
 - Parent/Guardian Code of Behaviour
 - Spectator Code of Behaviour
 - Bench Officials Code of Behaviour
 - Media Code of Behaviour

5. GENERAL CODE OF BEHAVIOUR

As a person required to comply with this Policy, you are to meet the following requirements in regard to your conduct during any activity or event held or sanctioned by Netball NSW or an Affiliate.

- 5.1. Respect the rights, dignity and worth of all people involved in netball regardless of their gender, ability, cultural background or religion.
- 5.2. Be ethical, fair, considerate and honest in all dealings with others.
- 5.3. Make a commitment to providing a quality service.
- 5.4. Operate within the rules and spirit of netball including national and state guidelines, constitution and policies which govern Netball Australia, Netball NSW and Affiliates.
- 5.5. Do not use your involvement with netball to promote your own beliefs, behaviours or practices where these are inconsistent with those of Netball Australia, Netball NSW or Affiliates.
- 5.6. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example and they can be easily influenced.
- 5.7. Always place the safety and welfare of children above other considerations.
- 5.8. Avoid unaccompanied and unobserved activities with persons under 18 years of age, whenever possible.
- 5.9. Comply with all relevant Australian laws (Commonwealth and State), particularly anti-discrimination, occupational health and safety and child protection laws.
- 5.10. Refrain from any behaviour that may bring Netball Australia, Netball NSW or Affiliates into disrepute.
- 5.11. Provide a safe environment for the conduct of the activity.
- 5.12. Show concern and caution towards others who may be sick or injured.
- 5.13. Be a positive role model.
- 5.14. Be responsible and accountable for your conduct.
- 5.15. Abide by the relevant Netball NSW role-specific codes of behaviour and understand the consequences if you breach, or are aware of any breaches of this Code of Behaviour.

6. ADMINISTRATOR CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. In your role as an administrator you are to:

- 6.1. Be fair, considerate and honest in all dealings with others.
- 6.2. Be professional in, and accept responsibility for your actions. Your language, presentation, manners and punctuality should reflect high standards.
- 6.3. Resolve conflicts fairly and promptly through established procedures.
- 6.4. Maintain strict impartiality.
- 6.5. Be aware of and comply with your legal responsibilities, including those under anti-discrimination, child protection and occupational health and safety legislation.
- 6.6. Develop a positive netball environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
- 6.7. Involve relevant stakeholders in the planning, evaluation, leadership and decision-making related to netball programs and events.
- 6.8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating players. Activities, rules, equipment, length of games and training schedules should take into consideration the age, ability and maturity level of the participants.
- 6.9. Encourage everyone (administrators, coaches, players, umpires, parents, spectators, sponsors and physicians) to emphasise fair play in netball activities and games.
- 6.10. Where appropriate, distribute the Codes of Behaviour to coaches, umpires, players, parents, spectators and the media.

7. COACH CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. In your role as a coach you are to:

- 7.1. Operate within the rules and spirit of netball, promoting fair play.
- 7.2. Develop a positive netball environment by emphasising enjoyment and by providing appropriate development and competitive experiences.
- 7.3. Support opportunities for participation in all aspects of the sport.
- 7.4. Treat each person as an individual. Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
- 7.5. Display control, courtesy and respect to all involved with netball.
- 7.6. Respect the decisions of umpires, officials, other coaches and administrators in the conduct of netball programs and competitions.
- 7.7. Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will or is likely to exist) with people under the age of 18 years.
- 7.8. Ensure activities, equipment and facilities are safe and appropriate to the ability level of participating players. Activities, rules, equipment, length of games and training schedules should take into consideration the age, ability and maturity level of the participants.
- 7.9. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- 7.10. Ensure your decisions and actions contribute to a safe environment. Place the safety and welfare of the players above all else.
- 7.11. Ensure your decisions and actions contribute to an environment free of sexual harassment, bullying, discrimination and victimisation.
- 7.12. Any physical contact with a player should be appropriate to the situation and necessary for the player's skill development.
- 7.13. Adopt and display responsible behaviour in relation to alcohol and other drugs.
- 7.14. Be honest and do not allow your qualifications/accreditation to be misrepresented.

8. PLAYER CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. In your role as a player you are to:

- 8.1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
- 8.2. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- 8.3. Respect the talent, potential and development of fellow players and competitors.
- 8.4. Participate fairly and safely.
- 8.5. Be frank and honest with your coach concerning illness and injury and your ability to train and play fully.
- 8.6. Conduct yourself in a responsible manner relating to language, temper and punctuality. Do not use profane language at any time.
- 8.7. Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.
- 8.8. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- 8.9. Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.
- 8.10. Do not engage in practices that affect sporting performance (including alcohol, tobacco and drug use).
- 8.11. Applaud all good play, by your own team and opponents.
- 8.12. Respect and acknowledge the contribution of those who create the opportunity for you to play (e.g. scorers, coaches, timekeepers, administrators and umpires).

9. UMPIRE CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. In your role as an umpire you are to:

- 9.1. Umpire in accordance with the Official Rules of the Game.
- 9.2. Treat all players, coaches, bench officials and other umpires with respect.
- 9.3. Place the safety and welfare of the players above all else, including:
 - Ensuring the court and its surrounds are compliant with the rules.
 - Taking appropriate action to manage dangerous play.
- 9.4. Maintain a high standard of personal behaviour at all times.
- 9.5. Be a positive role model through behaviour and personal appearance projecting a favourable image of netball and umpiring at all times.
- 9.6. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- 9.7. Be courteous, respectful and open to discussion and interaction with other netball participants.
- 9.8. Maintain or improve your current performance level and seek continual improvement.
- 9.9. Be honest and do not allow your qualifications/accreditation to be misrepresented.

10. PARENT/GUARDIAN CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. As a parent/guardian you are to:

- 10.1. Encourage your child to participate but do not force them.
- 10.2. Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
- 10.3. Teach your child that an honest effort is as important as winning, so that the result of each game is accepted without undue disappointment.
- 10.4. Encourage your child to always play according to the rules.
- 10.5. Be a model of good sports behaviour for children to copy. Applaud good play by all players.
- 10.6. Never ridicule or yell at a child for making a mistake or losing a game.
- 10.7. If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public.
- 10.8. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- 10.9. Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
- 10.10. Be courteous in communication with administrators, coaches, players and umpires. Teach your child to do the same.
- 10.11. Support the use of age appropriate development activities and modified rules.
- 10.12. Acknowledge that a breach of this Code of Behaviour may result in disciplinary action concerning your child. This may include expulsion from game(s), suspension or termination of membership.

11. SPECTATOR CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. As a spectator you are to:

- 11.1. Remember that most players (in particular children) participate in netball activities for fun. They are not participating for entertainment of spectators only.
- 11.2. Applaud good performance and efforts by all players. When watching a game congratulate both teams on their performance regardless of the game's outcome.
- 11.3. Respect the decision of the umpires. Encourage players to play according to the rules and official decisions, and develop your own knowledge of the rules
- 11.4. Never ridicule or abuse a player for making a mistake during a match and/or competition.
- 11.5. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- 11.6. Do not use foul, inappropriate and/or distasteful language, sledge or harass administrators, coaches, players, umpires or other spectators.
- 11.7. Condemn the use of violence in any form, be it by administrators, coaches, players, umpires, or other spectators.
- 11.8. Support the use of age appropriate development activities and modified rules.

12. BENCH OFFICIALS CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. In your role as a Technical Official you are to:

- 12.1. Officiate in accordance with the Official Rules of the Game and Event/Competition Guidelines.
- 12.2. Treat all players, coaches, umpires and other bench officials with respect.
- 12.3. Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- 12.4. Be consistent and impartial when making decisions.
- 12.5. Maintain a high standard of personal behaviour at all times.
- 12.6. Be a positive role model through behaviour and personal appearance projecting a favourable image of netball and officiating at all times.
- 12.7. Refrain from conduct which could be regarded as sexual harassment, discrimination, bullying and/or victimisation.
- 12.8. Be courteous, respectful and open to discussion and interaction.
- 12.9. Maintain or improve your current performance level and seek continual improvement.
- 12.10. Be honest and do not allow your qualifications/accreditation to be misrepresented.

13. MEDIA CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you are to meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or an Affiliate. As a media representative you are to:

- 13.1. Report and interpret honestly, striving for accuracy and fairness.
- 13.2. Not allow personal interest, any belief, commitment, payment, gift or benefit, to undermine your accuracy, fairness or independence.
- 13.3. Disclose conflicts of interest that affect, or could be seen to affect, the accuracy, fairness or independence of your journalism. Do not improperly use a journalistic position for personal gain.
- 13.4. Use fair, responsible and honest means to obtain material. Identify yourself and your employer before obtaining any interview for publication or broadcast.
- 13.5. Respect private grief and personal privacy.
- 13.6. Do your utmost to achieve fair correction of errors.
- 13.7. Be aware of the difference between adult netball programs and children's netball programs and treat them accordingly and appropriately.
- 13.8. Place the isolated incidents of unsportsmanlike behaviour in proper perspective, rather than make such incidents the "highlight" of the event.
- 13.9. Focus upon player's fair play and their honest effort.
- 13.10. Recognise the sporting achievements of players from disadvantaged groups, including adolescent girls, people with disabilities, indigenous and Torres Strait islanders, people from non-English speaking backgrounds and the rural population.

Club Information

Cambridge Park

Mauve, White, Black

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Red, Navy, White

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Penrith Sports		Green, Gold, White
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Renegades		Black, Teal, Grey
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Riverlands		Bright Pink with black
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St Clair		Yellow, Bottle Green
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Dark Blue, White, Sky Blue

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Winmalee

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Navy Blue, Orange, White

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PANTHERS NETBALL

Connect with us today!

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Penrith District Netball
Hawkesbury City Netball
Blue Mountains Netball

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CITY COUNCIL